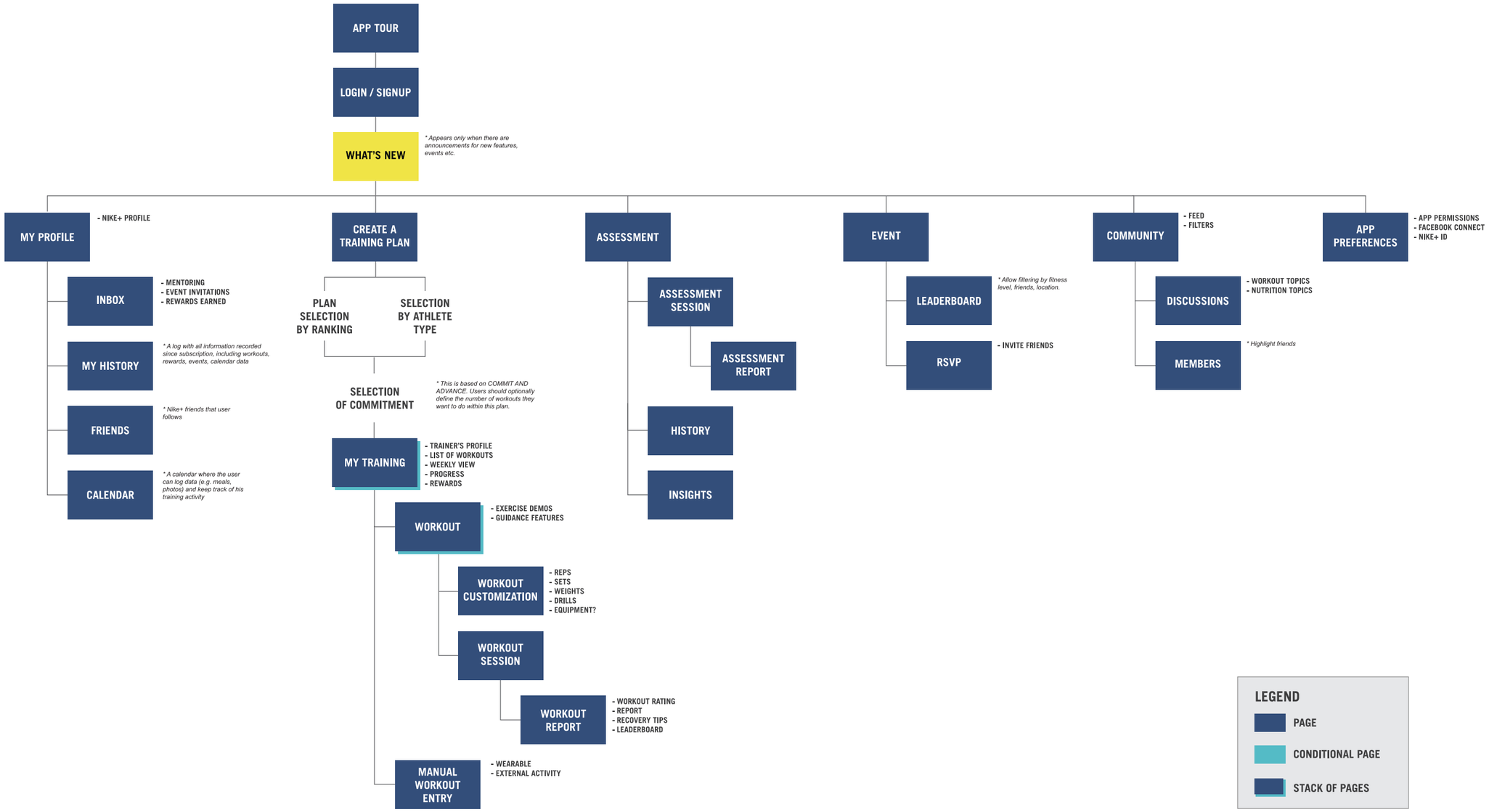
APP TOUR
LOGIN / SIGNUP
WHAT'S NEW
* Appears only when there are announcements for new features, events etc.
MY PROFILE
- NIKE+ PROFILE
INBOX
- MENTORING
- EVENT INVITATIONS
- REWARDS EARNED
MY HISTORY
* A log with all information recorded since subscription, including workouts, rewards, events, calendar data
FRIENDS
* Nike+ friends that user follows
CALENDAR
* A calendar where the user can log data (e.g. meals, photos) and keep track of his training activity
CREATE A TRAINING PLAN
PLAN SELECTION BY RANKING
SELECTION BY ATHLETE TYPE
SELECTION OF COMMITMENT
* This is based on COMMIT AND ADVANCE. Users should optionally define the number of workouts they want to do within this plan.
MY TRAINING
- TRAINER'S PROFILE
- LIST OF WORKOUTS
- WEEKLY VIEW
- PROGRESS
- REWARDS
WORKOUT
- EXERCISE DEMOS
- GUIDANCE FEATURES
WORKOUT CUSTOMIZATION
- REPS
- SETS
- WEIGHTS
- DRILLS
- EQUIPMENT?
WORKOUT SESSION
WORKOUT REPORT
- WORKOUT RATING
- REPORT
- RECOVERY TIPS
- LEADERBOARD
MANUAL WORKOUT ENTRY
- WEARABLE
- EXTERNAL ACTIVITY
ASSESSMENT
ASSESSMENT SESSION
ASSESSMENT REPORT
HISTORY
INSIGHTS
EVENT
LEADERBOARD
* Allow filtering by fitness level, friends, location.
RSVP
- INVITE FRIENDS
COMMUNITY
- FEED
- FILTERS
DISCUSSIONS
- WORKOUT TOPICS
- NUTRITION TOPICS
MEMBERS
* Highlight friends
APP PREFERENCES
- APP PERMISSIONS
- FACEBOOK CONNECT
- NIKE+ ID
LEGEND
PAGE
CONDITIONAL PAGE
STACK OF PAGES